## American Smooth

## Bronze Level Waltz Choreography

¾ Timing – 30-32 Bars per Minute

**16 Bar Routine:** Box Step with Underarm Turn, Twinkle to Offset Right Position, Two Way Underarm Turn, Twinkle to Promenade Position, Twinkle to Closed Position, Grapevine, Reverse Underarm Turn, Twinkle to Overturned Promenade Position, Turning Twinkles, Promenade Chasse, Weave, Back Twinkle to Promenade Position, Promenade Chasse, Twinkle to Closed Position.

## Leader:

Commence Facing Diagonally to Wall

Step Number	Foot Position	Footwork	Position	Hold	Align.	Amount of Turn	CBM	Rise and Fall	Sway	Timing	Summary
1	LF fwd	НТ	Closed	Closed	DW	Nil	1	Com to rise e/o 1	S	1	LF Fwd Closed Change with 1/8 Turn to Left
2	RF side and slightly fwd	Т	Closed	Closed	DW	1/8 to L btwn 2 & 3	Nil	Cont to rise on 2 and 3	L	2	
3	LF closes to RF	TH	Prepare Facing	Extended Closed	LOD	Nil	Nil	Lower e/o 3	L	3	
4	RF back	TH	Facing	Extended Closed	LOD	Nil	Nil	Com to rise e/o 4, NFR	S	1	RF Back Closed Change (Follower's
5	LF side and slightly back	Т	Prepare UAT	Single Hand L to R	LOD	Nil	Nil	Cont to rise on 5 and 6	R	2	Underarm Turn)
6	RF closes to LF	TH	Underarm Turn	Single Hand L to R	LOD	Nil	Nil	Lower e/o 6	R	3	
7	LF fwd and across in CBMP	НТ	Counter Promenade	Single Hand L to R	p DC, m LOD	1/8 to L btwn 6 & 7	7	Com to rise e/o 7	S	1	Twinkle from Open Counter Promenade
8	RF side, small step	Т	Offset Right	Prepare Double Hand	С	1/8 to L btwn 8 & 9	Nil	Cont to rise on 8 and 9	L	2	Position to Offset Right Position
9	LF closes to RF	TH	Offset Right	Double Hand	С	Nil	Nil	Lower e/o 9	L	3	
10	RF fwd	НТ	Prepare UAT	Double Hand	p DC, m C	1/8 to R btwn 9 & 10	10	Com to rise e/o 10	S	1	Two Way Underarm Turn
11	LF side, small step	Т	Underarm Turn	Single Hand L to R	DW	¼ to R btwn 10 & 11	Nil	Cont to rise on 10 and 11	R	2	
12	RF closes to LF	TH	Left Side	Single Hand L to R	ALOD	3/8 to R btwn 11 & 12	Nil	Lower e/o 12	S	3	

13	LF fwd	нт	Inverted Counter Promenade	Single Hand L to R	p DW ALOD; m ALOD	1/8 to L btwn 12 & 13	13	Com to rise e/o 13	S	1	Twinkle from Inverted Counter Promenade Position
14	RF side and slightly fwd	Т	Prepare Promenade	Single Hand L to R	W	1/8 to L btwn 13 & 14	Nil	Cont to rise on 14 and 15	L	2	to Promenade Position
15	LF closes to RF	TH	Promenade	Closed	DW	1/8 to L btwn 14 & 15	Nil	Lower e/o 15	L	3	
16	RF fwd and across in CBMP	НТ	Promenade	Closed	DW	Nil	Nil	Com to rise e/o 16	S	1	Twinkle from Promenade Position
17	LF side	Т	Closed	Closed	DW	Nil	Nil	Cont to rise on 17 and 18	R	2	to Closed Position
18	RF closes to LF	TH	Closed	Closed	DW	Nil	Nil	Lower e/o 18	R	3	
19	LF diagonally fwd, L side leading	НТ	Prepare Right Outside Partner	Closed	DW	Nil	Nil	Com to rise e/o 19	S	1	LF fwd, Front half of Grapevine from
20	RF fwd in CBMP (LF brushes to RF)	Т	Right Outside Partner	Closed	DW	Com to turn R on 2	20	Cont to rise on 20	S	2	Right Outside Partner Position to
21	LF side and slightly back	TH	Prepare Left Outside Partner	Closed	b DC	¼ to R btwn 20 & 21; BTL	Nil	Up on 21, Lower e/o 21	S	3	Left Outside Partner Position
22	RF back	TH	Left Outside Partner; Prepare UAT	Closed	b DC	Com to turn L on 22	22	Com to rise e/o 22; NFR	S	1	4-6 Reverse Turn (¼ Turn to Left) with Followers Reverse
23	LF side	Т	Underarm Turn	Single Hand L to R	p DW	¼ to L btwn 22 & 23; BTL	Nil	Cont to rise on 23 and 24	R	2	Underarm Turn
24	RF closes to LF	TH	Closed	Single Hand L to R	DW	BCT on 24	Nil	Lower e/o 24	R	3	
25	LF fwd	НТ	Closed	Closed	DW	Com to turn L on 25	25	Com to rise e/o 25	S	1	Twinkle from Closed Hold to Overturned
26	RF side and slightly fwd	Т	Prepare Overturned Promenade	Closed	LOD	1/8 to L btwn 25 & 26	Nil	Cont to rise on 26 and 27	L	2	Promenade Position
27	LF closes to RF	TH	Overturned Promenade	Closed	DC	1/8 to L btwn 26 & 27	Nil	Lower e/o 27	L	3	
28	RF fwd in CBMP	HT	Promenade	Closed	p LOD; m DC	1/8 to R btwn 27 & 28	28	Com to rise e/o 28	S	1	Twinkle from Overturned Promenade Position to Left Side Position
29	LF side	Т	Prepare Left Side	Prepare Single Hand L to R	DW	1/8 to R btwn 28 & 29	Nil	Cont to rise on 29 and 30	S	2	
30	RF closes to LF	TH	Left Side	Single Hand L to R	DW ALOD	¼ to R btwn 29 & 30	Nil	Lower e/o 30	S	3	

31	LF fwd	HT	Counter	Single Hand L	W	1/8 to L btwn	31	Com to rise	S	1	Twinkle from Left
			Promenade	to R		30 & 31		e/o 31			Side Position to
32	RF side and slightly	T	Prepare	Prepare Closed	DW	1/8 to L btwn	Nil	Cont to rise	S	2	Overturned
	fwd		Overturned			31 & 32		on 32 and 33			Promenade Position
			Promenade								
33	LF closes to RF	TH	Overturned	Closed	DC	¼ to L btwn	Nil	Lower e/o 33	S	3	
			Promenade			32 & 33					
34	RF fwd and across	HT	Prepare	Prepare	p LOD,	1/8 to R	34	Com to rise	S	1	Chasse from
	in CBMP		Promenade	Alternate	m DC	btwn 33 & 34		e/o 34			Overturned
35	LF to side	T	Promenade	Alternate	p LOD,	Nil	Nil	Cont to rise	S	2	Promenade Position
					m DC			on 35			to Promenade
36	RF closes to LF	Т	Promenade	Alternate	p LOD,	Nil	Nil	Cont to rise	S	&	Position
					m DC			on 36			
37	LF to side	TH	Promenade	Alternate	p LOD,	Nil	Nil	Up on 37,	S	3	
<b>.</b>	2. 10 5.00			7	m DC			lower e/o 37	· ·		
38	RF fwd in CBMP	HT	Promenade	Alternate	DC	1/8 to L btwn	Nil	Com to rise	S	1	Weave from
30	IN IWO III CEIVII	•••	Tromenade	Alternate	De	37 & 38	1411	e/o 38	3	_	Promenade Position
39	LF fwd (RF brushes	T	Closed	Alternate	DC	Cont to turn	39	Cont to rise	R	2	to Right Outside
39	towards LF)	'	Closed	Alternate	DC	l Cont to turn	39	on 39	IX.		Partner Position
40	RF side and slightly	TH	Prepare Outside	Alternate	b DW	¼ to L btwn	Nil	Up on 40,	R	3	- I di tilei i ositioni
40	1	III	·	Alternate	D DVV		INII		ĸ	3	
11	back	TH	Partner Right	Altamata	l- DVA/	39 & 40, BTL	4.1	lower e/o 40	S	1	Deal Turialia franc
41	LF back in CBMP	IH	Right Outside	Alternate	b DW	Com to turn	41	Com to rise	5	1	Back Twinkle from
42	PE		Partner	D 01 1	1.00	R on 41	A 111	e/o 41; NFR		_	Right Outside
42	RF to side	Т	Prepare	Prepare Closed	p LOD	3/8 to R	Nil	Cont to rise	L	2	Partner Position to
			Promenade			btwn 41 &		on 42 and 43			Promenade Position
					_	42, BTL		, .		_	_
43	LF closes to RF	TH	Promenade	Closed	p LOD,	Slight body	Nil	Lower e/o 43	L	3	
					m DC	turn Right					
	RF fwd and across	HT	Promenade	Closed	p LOD,	Nil	Nil	Com to rise	S	1	Chasse in
44	in CBMP				m DC			e/o 44			Promenade Position
45	LF to side	T	Promenade	Closed	p LOD,	Nil	Nil	Cont to rise	S	2	
					m DC			on 45			
46	RF closes to LF	T	Promenade	Closed	p LOD,	Nil	Nil	Cont to rise	S	&	
					m DC			on 46			
47	LF to side	TH	Promenade	Closed	p LOD,	Nil	Nil	Up on 47,	S	3	
					m DC			lower e/o 47			
48	RF fwd and across	HT	Promenade	Closed	p DW,	Nil	Nil	Com to rise	S	1	Twinkle from Promenade Position
	in CBMP				m LOD			e/o 48			
49	LF to side	Т	Prepare Closed	Closed	p DW,	Nil	Nil	Cont to rise	R	2	to Closed Position
					m LOD			on 49 and 50			
50	RF closes to LF	TH	Closed	Closed	DW	Nil	Nil	Lower e/o 50	R	3	

Follower: Commence Backing Diagonally to Wall

Step	Foot Position	Footwork	Position	Hold	Align.	Amount	СВМ	Rise and	Sway	Timing	Summary
Number	1 300 1 3310.011	. coemon	1 00101011	11010	7	of Turn	02	Fall	oa,		Jan Harry
1	RF back	TH	Closed	Closed	b DW	Nil	1	Com to rise e/o 1; NFR	S	1	RF back Closed Change with 1/8
2	LF side and slightly back	Т	Closed	Closed	b DW	1/8 to L btwn 2 & 3	Nil	Cont to rise on 2 and 3	R	2	Turn to Left
3	RF closes to LF	TH	Prepare Facing	Extended Closed	b LOD	Nil	Nil	Lower e/o 3	R	3	
4	LF fwd	НТ	Facing	Extended Closed	ALOD	Nil	Nil	Com to rise e/o 4	S	1	Underarm Walking Turn
5	RF fwd	Т	Prepare UAT	Single Hand L to R	С	¼ to R btwn 4 & 5	Nil	Cont to rise on 5 and 6	L	2	
6	LF fwd	TH	Underarm Turn	Single Hand L to R	DC	1/8 to R btwn 5 & 6	Nil	Lower e/o 6	L	3	
7	RF fwd	НТ	Counter Promenade	Single Hand L to R	p DW, m LOD	¼ to R btwn 6 & 7	7	Com to rise e/o 7	S	1	Twinkle from Open Counter Promenade
8	LF to side	Т	Offset Right	Prepare Double Hand	W	1/8 to R btwn 7 & 8	Nil	Cont to rise on 8 and 9	R	2	Position to Offset Right Position
9	RF closes to LF	TH	Offset Right	Double Hand	W	Nil	Nil	Lower e/o 9	R	3	
10	LF fwd	НТ	Prepare UAT	Double Hand	p DW, m W	1/8 to L btwn 9 & 10	10	Com to rise e/o 10	S	1	Two Way Underarm Turn
11	RF to side, small step	Т	Underarm Turn	Single Hand L to R	DC	¼ to L btwn 10 & 11	Nil	Cont to rise on 10 and 11	L	2	
12	LF closes to RF	TH	Left Side	Single Hand L to R	ALOD	3/8 to L btwn 11 & 12	Nil	Lower e/o 12	S	3	
13	RF fwd	нт	Inverted Counter Promenade	Single Hand L to R	p DC ALOD, m ALOD	1/8 to R btwn 12 & 13	13	Com to rise e/o 13	S	1	Twinkle from Inverted Counter Promenade Position
14	LF side and slightly fwd	Т	Prepare Promenade	Single Hand L to R	С	1/8 to R btwn 13 & 14	Nil	Cont to rise on 14 and 15	R	2	to Promenade Position
15	RF closes to LF	TH	Promenade	Closed	DC	1/8 to R btwn 14 & 15	Nil	Lower e/o 15	R	3	
16	LF fwd and across in CBMP	НТ	Promenade	Closed	p DC, m LOD	Com. to turn L	Nil	Com to rise e/o 16	S	1	Twinkle from Promenade Position
17	RF to side	Т	Closed	Closed	С	1/8 to L btwn 16 & 17	Nil	Cont to rise on 17 and 18	L	2	to Closed Position
18	LF closes to RF	TH	Closed	Closed	b DW	1/8 to L btwn 17 & 18	Nil	Lower e/o 18	L	3	

19	RF back, R side leading	TH	Prepare Right Outside Partner	Closed	b DW	Nil	Nil	Com to rise e/o 19; NFR	S	1	RF back, Back half of Grapevine from
20	LF back in CBMP (RF brushes to LF)	Т	Right Outside Partner	Closed	b DW	Com. to turn R	20	Cont to rise on 20	S	2	Right Outside Partner Position to Left Outside Partner
21	RF side and slightly fwd	TH	Prepare Left Outside Partner	Closed	p DC	¼ to R btwn 20 & 21; BTL	Nil	Up on 21, Lower e/o 21	S	3	Position
22	LF fwd	НТ	Left Outside Partner; Prepare UAT	Closed	DC	Com. to turn L	22	Com to rise e/o 22	S	1	Reverse Underarm Turn
23	RF side and slightly back (LF held in CBMP)	Т	Underarm Turn	Single Hand L to R	b LOD; end LOD	3/8 to L btwn 22 & 23; then ½ to L on 23	Nil	Cont to rise on 23 and 24	L	2	_
24	LF fwd (RF held in CBMP)	TH	Closed	Single Hand L to R	DC; end b DW	1/8 to L btwn 23 & 24; then ¼ to L on 24	Nil	Lower e/o 24	L	3	
25	RF back	TH	Closed	Closed	b DW	Nil	25	Com to rise e/o 25; NFR	S	1	Twinkle from Closed Hold to Overturned
26	LF side and slightly back	T	Prepare Overturned Promenade	Closed	b DW	Nil	Nil	Cont to rise on 26 and 27	R	2	Promenade Position
27	RF closes to LF	TH	Overturned Promenade	Closed	DC	¼ to R btwn 26 & 27	Nil	Lower e/o 27	R	3	
28	LF fwd in CBMP	HT	Promenade	Closed	p C, m DC	1/8 to L btwn 27 & 28	28	Com to rise e/o 28	S	1	Twinkle from Overturned
29	RF to side	Т	Prepare Left Side	Prepare Single Hand L to R	b DW	1/8 to L btwn 28 & 29	Nil	Cont to rise on 29 and 30	S	2	Promenade Position to Left Side Position
30	LF closes to RF	TH	Left Side	Single Hand L to R	DW ALOD	½ to L btwn 29 & 30	Nil	Lower e/o 30	S	3	
31	RF fwd	HT	Counter Promenade	Single Hand L to R	ALOD	1/8 to R btwn 30 & 31	31	Com to rise e/o 31	S	1	Twinkle from Left Side Position to
32	LF to side and slightly fwd	T	Prepare Overturned Promenade	Prepare Closed	b DW	1/8 to R btwn 31 & 32	Nil	Cont to rise on 32 and 33	S	2	Overturned Promenade Position
33	RF closes to LF	TH	Overturned Promenade	Closed	DC	½ to R btwn 32 & 33	Nil	Lower e/o 33	S	3	

34	LF fwd and across in CBMP	HT	Prepare Promenade	Prepare Alternate	рС, m DC	Nil	34	Com to rise e/o 34	S	1	Chasse from Overturned
35	RF to side	Т	Promenade	Alternate	p C, m DC	Nil	Nil	Cont to rise on 35	S	2	Promenade Position to Promenade
36	LF closes to RF	Т	Promenade	Alternate	p C, m DC	Nil	Nil	Cont to rise on 36	S	&	Position
37	RF to side	ТН	Promenade	Alternate	p C, m DC	Nil	Nil	Up on 37, lower e/o 37	S	3	
38	LF fwd and across in CBMP	HT	Promenade	Alternate	p C, m DC	Com. to turn L	Nil	Com to rise e/o 38	S	1	Weave from Promenade Position
39	RF side and slightly back (LF brushes towards RF)	Т	Closed	Alternate	b DC	3/8 to L btwn 38 & 39	39	Cont to rise on 39	L	2	to Right Outside Partner Position
40	LF side and slightly fwd	TH	Prepare Outside Partner Right	Alternate	p DW	¼ to L btwn 39 & 40; BTL	Nil	Up on 40, lower e/o 40	L	3	
41	RF fwd in CBMP	HT	Right Outside Partner	Alternate	DW	Com. to turn R	41	Com to rise e/o 41	S	1	Forward Twinkle from Right Outside
42	LF side	Т	Prepare Promenade	Prepare Closed	b DC	¼ to R btwn 41 & 42	Nil	Cont to rise on 42 and 43	S	2	Partner Position to Promenade Position
43	RF closes to LF	TH	Promenade	Closed	С	3/8 to R btwn 42 & 43; BTL	Nil	Lower e/o 43	S	3	
44	LF fwd and across in CBMP	HT	Promenade	Closed	p C; m DC	Nil	Nil	Com to rise e/o 44	S	1	Chasse in Promenade Position
45	RF side	Т	Promenade	Closed	p C; m DC	Nil	Nil	Cont to rise on 45	S	2	
46	LF closes to LF	Т	Promenade	Closed	p C; m DC	Nil	Nil	Cont to rise on 46	S	&	
47	RF side	TH	Promenade	Closed	p C; m DC	Nil	Nil	Up on 47, lower e/o 47	S	3	
48	LF fwd and across in CBMP	HT	Promenade	Closed	p C; m DC	Com. to turn L	Nil	Com to rise e/o 48	S	1	Twinkle from Promenade Position
49	RF side	Т	Prepare Closed	Closed	b LOD	1/8 to L btwn 48 & 49	Nil	Cont to rise on 49 and 50	L	2	to Closed Position
50	LF closes to RF	TH	Closed	Closed	b DW of new LOD	1/8 to L btwn 49 & 50	Nil	Lower e/o 50	L	3	